

## LTA PADEL – PADEL PERFORMANCE PROGRAMME

This document outlines the key components of support available to players within the LTA Padel Performance Programme (PPP). These components are as follows:

1. Player Support Tiers
2. GB National Teams & Selection Process
3. Domestic Competitions for Performance Players

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### Eligibility Criteria

To access the above elements of the PPP (excluding Wildcards), players must:

- Be eligible to represent Great Britain or demonstrate a commitment to becoming eligible, with a reasonable prospect of achieving this no later than **31 December 2025**.
- Adhere to the **LTA Code of Conduct** and complete any required anti-doping and anti-corruption training.

This framework is designed to ensure the highest standards of professionalism and support within the programme.

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## 1. PLAYER SUPPORT TIERS

The LTA Padel Performance Programme provides structured support tiers to help players progress toward becoming professional athletes. This support includes training, resources, and financial assistance aligned with individual development plans (IDPs). Each tier offers tailored benefits to meet the specific needs of players at different stages of their performance journey.

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### ELITE PROGRAMME (EP)

The Elite Programme is aimed at the highest performing male and female players with a top 50 world ranking, who are achieving major tournament success or have the potential to be in contention for titles/medals at major international FIP/Premier Padel events in the next two years.

#### Key Criteria:

- Achieve a **FIP world ranking of 50 or higher**.
- Training and competing **full-time**.

#### Overview of Support:

- Funding and/or resources up to **£15,000 per year** (subject to IDP agreement).
  - Attendance for all **GB National Team sanctioned competitions**.
  - Access to **support services** (where available).
  - Priority access to **courts at NTC & Nottingham** (subject to availability).
  - Complimentary access to **NTC accommodation** (subject to availability).
  - Access to **private training sessions** with an LTA National Coach.
  - Access to **weekly group training sessions** with an LTA National Coach.
  - Access to **NTC performance gym for S&C training** (subject to terms and availability).
  - LTA National Coach to oversee **individual development plan/s** and **dedicated case manager**.
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### PRO SCHOLARSHIP PROGRAMME (PSP)

The Pro Scholarship Programme (PSP) supports male and female players aged 18 years and above\* with the potential to progress into the top 50 world rankings within four years of joining the PSP.

In exceptional cases, players aged 16 or 17 years old will be considered. \*\*  
Shortlisting criteria align with the LTA's Elite Programme standards.

The programme supports players through a collaborative approach involving LTA Padel national coaches, players, their coaches, and support teams to establish an Individual Development Plan (IDP). These plans set agreed goals to provide a clear direction of development and are formally reviewed on a regular basis. All selected players into PSP must have an IDP.

Players selected for the PSP will be required to enter into a formal player contract with the LTA, detailing their grant, responsibilities, commitments, and accountabilities. This includes agreeing to an Individual Development Plan (IDP), structuring daily training, and planning annual schedules in alignment with the PSP's objectives.

#### Key Criteria:

- Achieve a **FIP world ranking of 100 or higher (women's) / 150 or higher (men's)**.
- Training and competing **full-time**.
- Demonstrate **clear commitment to performance development**.

#### Overview of Support:

- Funding and/or resources up to **£10,000 per year** (subject to IDP agreement).
- Attendance for all **GB National Team sanctioned competitions**.
- Access to **support services** (where available).
- Complimentary access to **courts at NTC & Nottingham** (subject to availability).
- Complimentary access to **NTC accommodation** (subject to availability).
- Access to **private training sessions** with an LTA National Coach.
- Access to **weekly group training sessions** with an LTA National Coach.
- Access to **NTC gym for S&C training** (subject to terms and availability).
- LTA National Coach to oversee **individual development plan/s**.

### **NATIONAL TRAINING PADEL PROGRAMME (NTPP)**

The National Training Padel Programme is for the very best 16- to 38-year-old players in the country who are not currently on the Pro Scholarship Programme (the programme is also available to 14- and 15-year-olds in exceptional circumstances).

Players who are selected for the programme will be required to enter into a formal player agreement with the LTA which will detail the support they can receive and their responsibilities, commitments and accountabilities (such as agreeing an Individual Development Plan (IDP), planning annual schedules, and agreeing appropriate competitions).

Selected players, meeting relevant selection criteria and with an agreed IDP, may receive a **subsidised training or travel grant of up to £5,000 per year**.

**The National Training Padel Programme is made up of a number of components:** a) *Subsidised weekly training*, b) *Complimentary access to courts and gym*, c) *GB National Training Camps*, d) *Individual Development Plan (if applicable)*, e) *Ranking Bonus Scheme*.

#### **Key Criteria:**

- Achieve a **FIP world ranking of 200 or higher (women's) / 300 or higher (men's)**.
- Hold an **LTA Padel British Tour Ranking of 10 or higher**, or;
- Receive a recommendation from the **LTA Padel National Coach**.
- Demonstrate **clear commitment to performance development**.

#### **Overview of Support:**

- Provide a range of player support to players aged 16+ who are not part of the Pro Scholarship Programme (PSP).
- Support players as they progress towards competing in FIP events and/or representing Great Britain in sanctioned international competition.
- Attendance for all **GB Training Camps and National Team competitions**.
- Complimentary access to **courts at NTC & Nottingham** (subject to availability).
- Discounted rates for **NTC accommodation** (subject to availability).
- Access to **weekly group training sessions** with an LTA National Coach.
- Access to **NTC gym for S&C training** (subject to terms and availability).
- **Regular contact** from nominated LTA National Coach.

### **NATIONAL AGE GROUP PROGRAMME SCHOLARSHIPS 16U**

The National Age Group Programme 16U (NAGP 16U) provides a range of support to a select group of players that have been identified by a National Coach or through a Performance Training Hub, normally aged between 14–16, who are not yet eligible for the PSP or NTPP.

Selected players meeting relevant selection criteria and with an agreed IDP may receive a **subsidised training grant up to £5,000 per year**.

#### **Key Criteria:**

- Achieve a **FIP junior ranking of 150 or above**, or;
- Achieve an **LTA Padel British Tour Ranking of 25 or higher**, or;
- **LTA junior ranking of 5 or higher**, in respective age category, or;
- Players must be nominated by an **LTA Performance Training Hub**.
- Receive a recommendation from an **LTA National Coach**.
- Demonstrate **clear commitment to performance development**.

#### **Overview of Support:**

- Attendance for all **GB Training Camps and National Team competitions**.
- **Subsidised training** sessions at a Regional Performance Training Hub.
- Complimentary access to **courts at NTC & Nottingham** (subject to availability).
- Discounted rates for **NTC accommodation** (subject to availability).
- Access to **weekly group training sessions** with an LTA National Coach.
- Access to **NTC gym for S&C training** (subject to terms and availability).
- **Regular contact** from nominated LTA National Coach.

## 2. GB NATIONAL TEAMS & SELECTION PROCESS

The programme consists of a series of National Training Camps, where the leading players are brought together to train under the guidance of the LTA national coaching team.

All National Training Camps will be fully funded from arrival until departure. Players will be required to wear GB kit, provided by the LTA, for all LTA GB activities. In certain circumstances, travel may be subsidised to support players living at an excessive distance (e.g., abroad) from the training location.

Players are expected to attend all National Training Camps unless agreed otherwise at least four weeks prior to the camp date with LTA Padel staff. Failure to provide suitable reasoning for non-attendance could jeopardise a player's place within the National Training Programme.

### Selection process

In order to be considered for attendance, and possible selection to a GB National Team, players need to demonstrate the behaviours, skills and performance standard within the following events:

- LTA British Tour / Grade 1 & 2 events.
- FIP sanctioned events.

Where a player has stood out to a member of the performance team, they may be invited to attend a National Training Camp where the staff can work more in depth with the player and understand more about the player's overall commitment, training schedule, etc, as well as ability to improve.

Players who continually demonstrate the behaviours, skills and performance standard expected, will be invited to become a full member of the **National Training Programme**.

### Junior National Teams

The GB youth pathway was introduced in 2024, with two initial training groups being created at under 14 and under 18.

Throughout 2025, these two training groups will continue to come together for national training camps on designated weekends / school holiday dates, to work together with the national coaches.

### Selection process

To be considered for the GB Junior National Teams and training groups, players need to demonstrate the skills, performance standard and key behaviours in the following ways:

- 1) Performances at LTA sanctioned youth events.

2) Club coaches' recommendation to LTA, with support information (such as results data).

3) At times, the LTA may host player assessment camps where players are invited to a training day to work with national coaches.

For further information, please contact the **LTA Padel Performance Team**.

### Senior National Teams

The LTA will enter British national teams into FIP international team competitions, which currently include *European Padel Championships* and *World Padel Championships*, for men and women in age categories +35, +40, +45, +50, +55, +60 (as stipulated by the FIP).

#### Selection process

To be considered for the GB Senior's National Team, players need to demonstrate the skills, performance standard and key behaviours in the following ways:

1) Performances at LTA sanctioned senior events or LTA graded 1-3 competitions.

2) Club coaches' recommendation to LTA, with support information (such as results data).

3) At times, the LTA may host player assessment camps where players are invited to a training day to work with national coaches.

For further information, please contact the **LTA Padel Performance Team**.


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## 3. DOMESTIC COMPETITIONS FOR PERFORMANCE PLAYERS

### LTA Padel British Tour

The LTA Padel British Tour is a premier circuit of domestic competitions designed for performance players looking to compete on home soil, aspiring young talents aiming for professional careers, and national-level athletes competing at the highest standards. It showcases the very best of British padel.

These tournaments feature an open-age group category, allowing a blend of adult and junior players to compete. The performance calendar includes LTA Grade 1 and Grade 2 events, with Grade 1 tournaments offering equal prize money for men's and women's main draws, ensuring fairness and inclusivity.





With several LTA Padel British Tour events held each year, players earn LTA Padel ranking points based on their performances. At the end of the season, the top-ranked players are crowned champions, celebrating their achievements in this elite circuit.

### **The Ranking Bonus Scheme (RBS)**

The Ranking Bonus Scheme (RBS) is designed to facilitate and support the success of players achieving relevant high-level rankings on the international stage and making progress toward competing at elite levels. It offers a financial bonus based on achieving specific ranking milestones.

In 2025, the male and female players who finish top of the LTA Padel rankings, at the end of the year, will receive a Bonus Pool payment of £1,000.00. Where there are two or more players at the top of the Leader board on the same number of points, the £1,000.00 Bonus Pool payment will be equally shared.

For full information, including criteria and how to make a claim, please see the full ***Ranking Bonus Scheme Policy***.

### **National Championships**

From 2025, a National Padel Championships is planned to be introduced for the top British players in a variety of age categories with prize money on offer.

For further information and the full competition schedule, please see the padel competitions section on the LTA website for updates.

### **National League**

In the National Tier (division 1), teams compete for the chance to reach the National League Finals, with LTA Padel ranking points and prize money on offer for the top teams.

Division 1 is made up of the top ranked teams, based on a promotion and relegation structure from the previous year. The teams qualified to the National Finals in the 2024 season are directly invited to participate in Division 1 in 2025.

For further information and the full competition schedule, please see the padel competitions section on the LTA website for updates.

### **Domestic FIP events**

Domestic FIP events represent key opportunities for British players to compete on home soil within the framework of the global padel circuit. These events allow players to gain valuable ranking points, reducing the costs associated with traveling abroad, and provide opportunities to receive wildcards into these international events.





For full details around wildcards, please see Section 9.

For further information and the full competition schedule, please see the padel competitions section on the LTA website for updates.

### **Wildcards into Domestic FIP, Premier Padel & Other Events**

Domestic FIP events represent both men's and women's events that are part of the FIP international calendar taking place in Great Britain with prize money ranging from €7.000 to €150.000. This level of competition features many of the worlds up and coming players who are looking to progress to compete on the main Premier Padel professional circuit.

These events allow British players to compete on home soil which saves the costs associated with travelling abroad as well as having the opportunity to receive wildcards into these international domestic events.

Wildcards for both main draw and qualifying draws may be made available at international domestic events and the LTA is able to allocate wildcards in the draws of the events, at the discretion of the LTA Padel Performance Team.

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### **QUESTIONS & CONTACTS**

If you have any questions on any area of the LTA Padel Performance Programme, please get in touch with our ***Padel Performance Team***.